



# Gideon Arulmani

Gideon Arulmani, is a clinical psychologist with an M.Phil in Medical and Social Psychology from the National Institute for Mental Health and Neuro Sciences (India) and a doctoral degree in Career Psychology from the University of Portsmouth (UK). He also holds advanced diplomas in Counselling, Philosophy and Theology. He is the Founder and Managing Trustee of The Promise Foundation, headquartered in Bangalore, India.

Gideon has published widely and his book, *Career Counselling: A Handbook* published in 2004 by McGraw Hill is today prescribed as a text book for career counselling courses in India. Gideon's interest in the interface between culture and counselling led to the development of the Cultural Preparation Process Model of Career Development that describes the interaction between culture and orientations to work and career. In 2010, he was the chair of the IAEVG-Jiva Conference held in India that drew upon the wisdom of different cultures to consider both universal and specific principles for guidance and counselling in the contemporary situation. In 2011, he was the lead editor of a special issue of the *International Journal of Educational and Vocational Guidance* that focussed on: *East and West: New Concepts for Career Guidance*. In 2013, Gideon worked with the International Labour Organisation (ILO) to develop a course to orient policy makers to career guidance services in ILO member countries. Gideon is the lead editor of the *Handbook of Career Development: International Perspectives* recently published by Springer, New York. In the early part of 2014, he worked with the ILO to develop a national career guidance system for Vietnam. Gideon has been involved in understanding migration, both of labour forces as well as the migration of jobs. He has attempted to articulate the impact of international trade, the emergence of a global workforce and the new international division of labour, from the perspective of cultural preparedness. An interesting application he has developed, is storytelling as a counselling technique.

Gideon is an international consultant to a few UN and other multilateral agencies, for whom he has executed assignments on guidance and counselling in Sub Saharan Africa and South Asia. He is a board member of the International Association for Educational and Vocational Guidance, an International Fellow of the National Institute for Careers Education and Counselling, UK, an International Fellow of Consortium for Multicultural Psychology Research, USA, Visiting Senior Lecturer at the University of Canterbury Christ Church, UK and Visiting Professor at the Martin Luther University, India. He is the president of the Indian Association for Career and Livelihood Planning.

He is presently working on a novel in the historical fiction genre set in South Asia. He is also interested in craft. Mowyla (Move On With Your Life), is a company he has informally started that produces natural, handcrafted jewellery and artefacts from found objects. Gideon's strongest passion is making wine! He has a small vine yard, where he grows an Indian version of Shiraz!